7 October 2013

Our Ref: FOI.13.DGS0080

RE: FREEDOM OF INFORMATION REQUEST

Thank you for your request for information under the Freedom of Information Act 2000 received on 10 September 2013 by NHS Dartford, Gravesham and Swanley Clinical Commissioning Group. The information you have requested is listed below together with the response:

Regarding the Government’s Talking therapies: A four-year plan of action (aimed at widening the Improving Access to Psychological Therapies (IAPT) programme):

1. How much funding are you allocating for IAPT per head of population this year?
2. Are GPs able to refer the following groups of patients to IAPT services in your area?
   - Patients with depression or anxiety disorders
   - Elderly patients (over 65 years) with depression and/or anxiety
   - Patients with long-term conditions
   - Patients with medically unexplained symptoms
   - Children and young people with depression, anxiety and conduct disorders
   - Patients with severe mental illness
   - Carers with depression and anxiety
3. What are the waiting times from referral to first IAPT session for each of the above groups?
4. How many patients in these groups were referred to IAPT services in 2011/2012, how many in 2012/2013 and how many have been referred so far this year?

Of these patients:
5. **How many trained CBT workers (high-intensity therapists and psychological wellbeing practitioners) are currently employed in IAPT services in your area? How many need to be recruited and trained to reach full capacity by the end of 2014/2015?**

NHS Dartford, Gravesham and Swanley CCG looked into your request for information under the Freedom of Information Act 2000. However it is with regret that we are unable to respond to this request as we do not hold the information you require.

Under Section 16 of the FOI Act 2000 (advice and assistance) we believe that Kent and Medway NHS Social Care Partnership Trust (KMPT) holds the information you have requested. The link to KMPT is below: