I am writing to submit a Freedom of Information request to obtain data pertaining to the administration of the Improving Access to Psychotherapies (IAPT) programme. After reviewing the data supplied by the Health and social care information centre, I would like to ask for the following information:

1. How many sessions are offered upon assessment to patients referred (including self-referrals) for IAPT?
2. What is the duration of sessions that is offered to patients referred (including self-referrals) for IAPT?
3. How many days are people waiting to access IAPT? Please specify the numbers of patients who have waited or are waiting for 2 months, 3 months, 4 months, 5 months and 6 months or longer.
4. How many people waiting beyond 28 days for IAPT services are subsequently prescribed medication for a mental health disorder who were not previously on psychotropic medication?
5. How many people who wait beyond 28 days are admitted into hospital as a result of a mental health-related issue or incident?
6. How many trained mental health professionals delivering services in the IAPT programme are being employed in your area - please include both full time and part time staff?
7. How many years of experience do the mental health professionals (Psychological Wellbeing Practitioners-PWPs and High Intensity therapists-His) have who are delivering IAPT services in your area?
8. How many new therapists - both Psychological Wellbeing Practitioners and High Intensity Therapists - trained under the IAPT programme have begun working in your region since the rollout of IAPT in 2011?
9. What are the costs to your organisation of implementing IAPT?
   a. What is the total cost of salaries?
   b. What is the total number of IAPT specific employees?
   c. What are the overhead costs?
   d. What are the premises costs?
   e. What are the administrative costs?
   f. Any other IAPT specific costs?

NHS Dartford, Gravesham and Swanley Clinical Commissioning Group (CCG) looked into your request for information under the Freedom of Information Act 2000. However it is with regret that we are unable to respond to this request as we do not hold the information you require.

Under Section 16 of the FOI Act 2000 (advice and assistance) we believe that this information is best obtained by contacting the providers of IAPT services to NHS Dartford, Gravesham and Swanley CCG. These are:
In respect of your last question, NHS Dartford, Gravesham and Swanley Clinical Commissioning Group had an estimated expenditure of £800,000 on the IAPT programme for the financial year ending 31 March 2014. We do not hold the expenditure detail that you have requested and suggest that you contact the provider directly to obtain this information.

Further details on how to contact the providers mentioned in the response above are listed on the Live It Well website at [http://www.liveitwell.org.uk/?s=IAPT](http://www.liveitwell.org.uk/?s=IAPT).